

HEALTH EDUCATION AND EXEMPTION FROM INSTRUCTION

Statement of Purpose

The District recognizes that consistent with Department of Education requirements, health and physical education, including instruction about parts of the body, reproduction, and related topics, will be included in the instructional program.

Statement of Policy

Instruction must be appropriate to grade level, course of study, and development of students and must occur in a systematic manner. The Superintendent will require that faculty members who present this instruction receive continuing in-service training, which includes appropriate teaching strategies and techniques.

Parents/guardians will have the right to inspect and review health and physical instruction materials which will be made reasonably accessible to parents/guardians and others to the extent practicable.

Parents/guardians who wish to review or inspect health and physical education materials may arrange a meeting with the Principal to review the materials.

Opt-Out Procedure and Form

Parents/guardians who do not want their child to participate in a particular unit of health or sex education instruction for religious reasons or religious objections, are allowed to have their child opt-out of such instruction.

Students over the age of 18 who do not want to participate in a particular unit of health or sex education instruction for religious reasons or religious objections, are allowed to opt-out of such instruction.

Parents/guardians who do not want their child to participate in a particular unit of health or physical education for religious reasons are required to complete the district opt-out form and state the particular unit of curriculum in which the student is not to participate. Any student who is exempted under this policy may be given an alternative assignment sufficient to meet state requirements for health education. The alternative assignment will be provided by the health or physical education teacher in conjunction with Principal.

The same applies to students over the age of 18 who opt out.

SANBORN REGIONAL SCHOOL DISTRICT

SRSD File: IHAM

Opt-Out Forms are available from either the health education teacher or the Principal.

Opt-out requests must be submitted annually and are valid only for the school year in which they are submitted.

Appendix IHAM-R, Health or Physical Education Opt-Out Form

Legal References:

NH Code of Administrative Rules, Section Ed 306.40, Health Education Program

NH Code of Administrative Rules, Section Ed 306.41, Physical Education Program

RSA 186:11, IX-b, Health and Sex Education

New: January 8, 2014